

The other evening I sat at a table, surrounded by people who had come to hear other's or share their own "experience, strength and hope". As has happened so often in the past I was again struck by what a blessing this all was. Whether I want to "share" or just listen, this program provides me a place to go or someone to call. In addition to meetings, there are other ways I can "tap into" Al-Anon. Phone lists, the Forum and fun events such as the Chili Feed and State Speaker's Meeting. I have opportunities to perform service from setting out the literature to attending Area Assemblies. All of this is designed to provide healing and growth.

While each of us is responsible for our own recovery, we don't recover by ourselves, this is a "We" program. As we take from the program, we also give back so that others might have. And this brings me to another subject - paying for all this. In a time of budget cuts and belt tightening, our District has had to do its share. Still we are only $\frac{1}{4}$ of our way to meeting our yearly goal in group donations (we've budgeted \$4,050.00 and we have \$1027.00). A lot of groups wait till the end of the year and make 1 large donation. I'd like to request that instead they make periodic donations. For other groups, if they could see their way to contribute something extra or even make a first time gift. Your contributions allow the program to be brought to others continuing the cycle of hope.

Sincerely,

Amy (District 7 Treasurer)